



THE DELAWARE RIVER SOJOURN 2003 ~

*The Delaware ~ ~ ~ ~ ~
More Than A River!*



What is the Delaware River Sojourn ? ~ ~ ~ ~ ~

The purpose of the Sojourn is to heighten awareness of and appreciation for the historical, recreational, and environmental significance of the Delaware River through public events, educational programs and by paddling its inviting waters.

The Delaware River Sojourn is an eight day, one-hundred mile paddle that provides a journey full of happy memories, good exercise, new friends, and a new appreciation for a wonderful resource.

Join us for one day, a week-end or all eight days. Enjoy a memorable trip down one of the most historic rivers in the United States!

Whether you are a very experienced boater or new to paddling, this trip will provide you with information and experiences you will want to share with your friends and family!

In its ninth year, the sojourn provides boating equipment, trained safety personnel, food, environ-

mental speakers, and plenty of sunshine and fresh air!

A variety of events and programs are provided for Delaware River Sojourners. Come discover why the Delaware is More Than A River!

For more information visit www.drbc.net. New information will be posted as it becomes available.



Sojourners Paddle Through the Delaware River Water Gap During the 2002 River Sojourn

Educational Programs Planned for Sojourn 2003 ~ ~ ~ ~ ~

In addition to many other things, the sojourn is also about environmental education – taking people away from their everyday routines and involving them with the natural world. For the past nine years, people have been coming together for one week in June for a little exercise and to learn about the Delaware River. In this spirit, the sojourn partners invite students and teachers to apply to attend the 2003 Delaware River Sojourn for free. (on the day of your choice). We know that today's students are tomorrow's leaders. They will be making the decisions that affect the fate of our natural resources. So, we can think of no better way of assuring a bright future than introducing our children to the magnificence of the natural environment through events such as the Delaware River Sojourn.

Students in grades 8 through 12 can submit an essay, poem, or artwork that focuses on humans' impact on the Delaware River and/or the impact of the Delaware River on humans. A parent or other adult must accompany each student on the trip. Teachers can submit an essay about their classroom curriculum and how the river can be used as a teaching tool. Contest details and applications are available on the sojourn web page or by e-mailing Bonnie Tobin at Delaware Canal State Park: Btobin@state.pa.us.



Sojourn 2002 had its very own river crossing by George Washington himself! A young participant, seated in front of a much larger audience, listens to a speech by our first president.



This Year's Highlights ~

Pre- Sojourn Events– Friday, June 13, 2003, Narrowsburg, NY.

Set up camp at Landers Campground, enjoy dinner on your own, and an evening campfire. No registration until Saturday morning.

Day 1– Saturday, June 14, Callicoon to Narrowsburg (13.5 Miles)

Enjoy the spectacular views and moderate whitewater. Look for bald eagles and experience Skinners Falls! Hear about local history involving the New Jersey claim line. *Day planning: US NPS (Upper Delaware Scenic & Recreational River).*

Day 2– Sunday, June 15, Narrowsburg to Minisink Ford (14 Miles)

This section has eel weirs, Class I and II whitewater, beautiful scenery and abundant wildlife. Hear about what makes this place special an interpreter explains the relationship between Ten Mile River, the Tusten Settlement and Lackawaxen area history. *Day planning: US NPS (Upper Delaware Scenic & Recreational River).*

Day 3– Monday, June 16, Bushkill to Worthington (12 Miles)

There are some inviting Islands (Depew, Poxono, Tocks, Shawnee) and numerous bends on this calm and very scenic river segment. Enjoy programs about regional geology, flora and fauna. *Day planning: US NPS (Delaware Water Gap)*

Day 4– Tuesday, June 17, Worthington to Portland (10 Miles)

Today sojourners will witness the spectacular Delaware Water Gap and experience its geological grandeur. There is also a presentation about the relationship of resorts, railroads and rivers. *Day planning: US NPS (Delaware Water Gap)*

Day 5– Wednesday, June 18, Upper Black Eddy to Point Pleasant (13.5 Miles)

Recently designated Wild and Scenic, this "Lower Delaware" river segment is as beautiful as it is diverse. Learn about an exciting land preservation effort involving the Pennsylvania State Canal Park. Come enjoy an evening campfire with Native American Stories and live acoustic music. *Day Planning: Delaware River Greenway Partnership.*

Day 6– Thursday, June 19, Point Pleasant to Lambertville (8.7 Miles)

On this beautiful stretch of the Lower Delaware, we'll learn about the plans to protect its Wild and Scenic waters. Tour the historic Prahlsville Mill and learn how our waterways contributed to our region's history. Celebrate the permanent preservation of 1,000 acres of Delaware River watershed lands and find out what protection of watershed lands means for residents of riverside communities. *Day planning: Delaware & Raritan Greenway Partnership.*

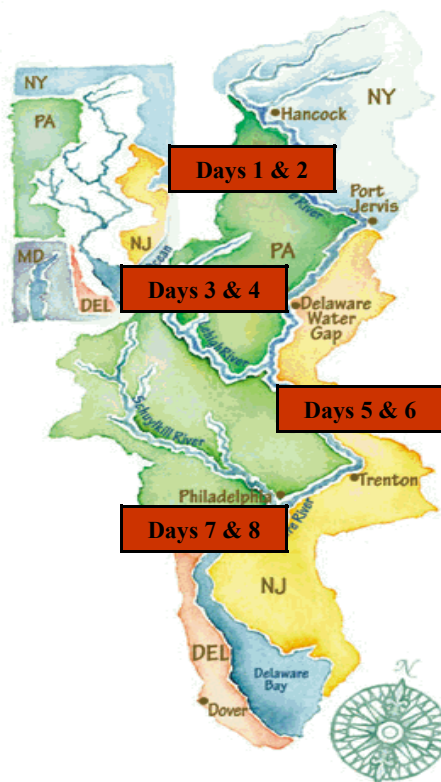
Day 7– Friday, June 20, Neshaminy State Park to Palmyra Cove (8 Miles)

Discover the unique features of the Delaware Estuary. Academy of Natural Sciences and Palmyra Cove Nature Park scientists and staff will interpret the tidal portion of the Delaware. Explore a wetland and become acquainted with the plants and animals that call it home. *Day planning: Palmyra Cove and The Academy of Natural Sciences.*

Day 8– Saturday, June 21 (6 miles) Philadelphia (North Wind Sail)

Enjoy the Philadelphia/Camden section of the river aboard the *North Wind* sail boat. You will learn about the Delaware Riverfront Project from the Pennsylvania Environmental Council. Conduct water quality tests and sample plankton, just as scientists do, and discuss water quality, past and present. *Day Planning: The Academy of Natural Sciences.*

Sojourn 2003 Map



2003 Camping Facilities Are Right On the River! ~ (Two Nights At Each Facility)

- **Landers Campground - Upper Delaware**
- **Worthington State Forest - Middle Delaware**
- **Bucks County River Country - Lower Delaware**
- **Palmyra Cove Nature Park– Estuary**



Sojourn 2003: The Delaware ~ ~ ~ ~ More Than A River !



Registration Sheet ~

Name: _____ Address: _____

Town: _____ State: _____ Zip: _____ Daytime Phone: _____

Fax: _____ E-Mail: _____ Emergency Name/Phone: _____



Delaware River Sojourn
2003 Registration Form

[illegible]

* Note: No canoe rental fee if child is third person in a canoe

Additional information:

Souvenir Tee-shirt Sizes & Number of Each	XL	L	M	S	Will bring own canoe/kayak.	Number & Type:

Pay in full when registering. **Make checks payable to D & R Greenway.** Please write "Sojourn 2003" in check notation section.

Send check & registration form to **PEEC**, Flo Mauro, RR2, Box 1010, Dingmans Ferry, PA 18328

- Registration deadline is **May 31, 2003**. Spaces are limited so register early!!!!
- Registrations postmarked after May 31, 2003 are subject to an additional \$20 fee per person.
- Remember - the Sojourn will go on rain or shine.
- The last day you may cancel is **June 7, 2003**. Refunds will be given, minus a \$25/person processing fee (by written request) if received before the June 7th deadline. **No refunds after 6/7.**

See liability waiver on reverse side. Please photocopy and provide a separate waiver form for each person in your party.



The American Canoe Association Waiver & Release of Liability (IMPORTANT! READ BEFORE SIGNING!)

In consideration of being allowed to participate in any way in the American Canoe Association, Inc. athletics/sports program, and related events and activities, the undersigned agrees to the following:

- Prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will immediately advise a coach, instructor, supervisor, or other event organizer of such condition(s) and refuse to participate.
- I acknowledge and fully understand that I will be engaging in activities that involve risk of damage to personal property or serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, the condition of the premises, or of any equipment used. Further, there may be other risks not known or not reasonably foreseeable at this time.
- I assume all the foregoing risks and accept personal responsibility for all expenses, medical or otherwise, following any such damages, injury, permanent disability or death.
- I release, waive, discharge and covenant not to sue the American Canoe Association, Inc., its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from any and all liability to me, my heirs and the next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.
- This waiver may not be modified in any way. If any part of this waiver is determined to be invalid by law, all other parts of this waiver shall remain valid and enforceable.

I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGNED IT VOLUNTARILY.

~ Please Print Neatly! ~

Participants Name: _____

Participants Signature: _____

Date: _____

Address: _____

City & State & Zip : _____

Date of Birth: _____

Organization: _____



Information That May Be Helpful ~ ~ ~ ~ ~

Getting On Board~

You may choose to paddle the entire sojourn or you may register for the day(s) of your choice. Register early, space is limited, and we have a deadline! (see registration sheet for details),

Fees~

The sojourn is a non-profit event. Contribution of time, goods, and services from our many sponsors and supporters allow us to keep participant costs as low as possible. The daily fee covers lunch, shuttles, program expenses, and camping fees. If renting a canoe, only two participants are permitted per rented or personally owned boat, except that non-paddling children under age 12 may ride as a third person in a parent's canoe without additional rental fees (see registration sheet for details).

Boating Equipment~

You may use your own river-worthy boat or rent canoes and kayaks at a discount. Life jackets and paddles are provided with rentals. Aluminum canoes are not recommended.



Shuttles & Gear ~

Leave your vehicle at the rendezvous site each day. Shuttles will transport you and your boat to and from the put-in or take-out. Your camping gear will stay with your vehicle. We paddle rain or shine, so bring a complete rain suit, extra sweaters, hat, sunscreen, eyeglass retainers, sunglasses, and a long sleeve shirt. Wear river shoes, river sandals, or old sneakers. Bring waterproof containers for gear.

Meals & Camping~

Lunch is provided each day with additional meals provided compliments of sojourn sponsors. In some cases meals will be on your own. A meal schedule will be provided upon registration. Sorry, we cannot accommodate special diets. Camping is provided at commercial and state campgrounds. All sites have toilets, drinking water, and emergency access. Some sites may *not* have showers. Please note that there are excellent Bed & Breakfasts (B&Bs) all along the Delaware and in the Delaware Valley. For information on accommodations, check the Sojourn website at www.drbc.net.

SAFETY FIRST ! ~

The Delaware River is suitable for all paddling levels, from novice to expert. First-time paddlers will be most comfortable on most sections noted on page 2. We will be paddling through relatively easy (Class I) and moderate (Class II) rapids on some days. Please call our registrar, Pocono Environmental Education Center (PEEC) if you have specific questions about each scheduled day. Organizers of the Sojourn make every effort to provide participants with a safe trip, and we are insured and sanctioned by the American Canoe Association. All individuals must sign a waiver and follow the instructions of the Safety staff. Failure to follow instructions and/or engaging in unsafe activity will result in termination of your trip without refund. Canoe and safety instruction is provided each morning. *Attendance at morning safety instruction as well as a signed waiver form is mandatory!*



The Delaware River Sojourn 2003

C/o Pocono Environmental Education Center (PEEC)
Flo Mauro & Charles J. Wehinger (Registrar/Land Support)
RR 2, Box 1010 Dingmans Ferry, PA 18328
www.drbc.net.

**Bulk Mail
Permit**

The 2003 Sojourn Steering Committee

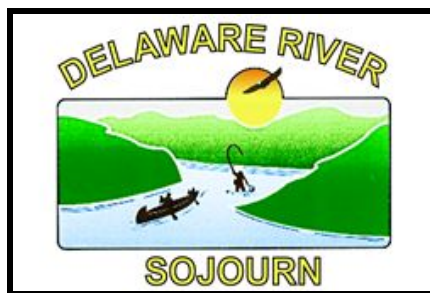
2003 Chair, Suzanne Forbes

Delaware River Greenway Partnership

Academy of Natural Sciences, *Carie Szalay*
American Canoe Association, *Christian Nielsen*
Bucks County Open Space Partnership, *Ted Evans*
CB West High School Environmental Club,
Meghan Ravenscroft, Student Representative
Delaware River Basin Commission, *Carol Collier &
Christopher Roberts*
Delaware River Greenway Partnership, *Dorina Frizzera*
Delaware & Raritan Greenway, *Linda Mead*
PA Department of Environmental Protection,
William Manner
PA DCNR, Bureau of State Parks, *Bonnie Tobin*
Palmyra Cove Nature Park, *Clara Ruvolo*
Pennsylvania Environmental Council, *Jeanne Ortiz*
Pocono Environmental Education Center, *Flo Mauro &
Charles Wehinger*
Pocono Mountains Vacation Bureau, *Mathilda Sheptak*
Pennsylvania Organization of Watersheds and Rivers,
Frank Cetera
Gnarly River Women Paddling Club, *BJ Ryan*
National Canoe Safety Patrol, *Dave Simon,
George & Leona Fluck*
US National Park Service, *Rab Cika (Delaware Water
Gap) & Sandra Shultz (Upper Delaware)*
Richard Egan (Volunteer)

Join Us for ~ ~ ~

The Delaware River Sojourn 2003



The Delaware: More Than A River !

June 13 - June 21, 2003